

**Tourniquets** are an absolutely critical first aid tool on the battlefield. A study of their use by the US military during Operation Iraqi Freedom concluded that "Prehospital tourniquet

use was associated with improved hemorrhage control, particularly in the worse injured subset of patients...Fifty-seven percent of the deaths might have been prevented by earlier tourniquet use." By all accounts, the best tourniquets are designed and made in the USA, doubtless due to our many wars. These are very simple devices which, put basically, cut off blood flow to wounded appendages (arms and legs) and thus help stop the patient from dying of blood loss.



I purchased 36 (with your funds) and carried them to Ukraine, in two popular models: CATs (Combat Application

Tourniquets) and SOFs (Special Operations Forces Tactical Tourniquets). These are solid, easy to apply, and can be washed and re-used. The 20 CATs shown in the photo cost a mere \$800.00, a small price to pay for a crucial life-saving tool. These were given to Elena, an incredible woman who lost her son in the war last year, and who now devotes her life to raising funds and supplies and delivering them to front line units. [More on her later!] These tourniquets will wind up with combat medics in Kherson, just across the Dnieper river from the Russian lines.



p.s. - I also threw in a chest seal (just what the name implies) which I happened to have lying around. Don't ask ;) Chris